



November 2023

Make sure to check FinalForms to check all your paperwork is completed.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
5	6 Shirt order opens	7	8	9	10 Veterans Day No School	11
12	13 FIRST DAY OF PRACTICE PRACTICE 2:40-5:15	14 Weight Room 2:40-3:15 PRACTICE 3:15-5:30	15 Parent MTG Commons 6:00PM Weight Room 2:40-3:15 PRACTICE 3:15-5:30 Silent Intensive	16 Weight Room 2:40-3:15 PRACTICE 3:15-5:30	17 Weight Room 2:40-3:15 PRACTICE 3:15-5:30 Partner Intensive	18 Last Supper 12:00-1:30pm PRACTICE 9-11 Weight Room 1100-1145
19 Shirt order closes	20 <u>Wt Assessment</u> Weight Room 2:40-3:15 PRACTICE 3:15-5:30	21 <u>Wt Assessment</u> Weight Room 2:40-3:15 PRACTICE 3:15-5:30	22 Thanksgiving Break Team Morning run?? PRACTICE 1:30-3:30 Weight Room 3:30-4:15 (Falcon out at 1145)	23 Thanksgiving Break PRACTICE 9-11 Weight Room 1100-1145	24 Thanksgiving Break PRACTICE 9-11 Weight Room 1100-1145	25 Thanksgiving Break PRACTICE 9-11 Team Captain Voting
26	27 <u>Wt Assessment</u> Weight Room 2:40-3:15 PRACTICE 3:15-5:00	28 <u>Red and Gray Duals</u> 7:00PM Weight Room 2:40-3:15 PRACTICE 3:15-5:30	29 Weight Room 2:40-3:15 PRACTICE 3:15-5:30	30 Weight Room 2:40-3:15 PRACTICE 3:15-5:30		